

MAY 2011



CHIROPRACTIC CARE



Patient of the Month

Kami Larson is the patient of the month because she has referred the most patients to our office!!



We will always have time for you.

**To listen,
To explain,
To offer hope.**

Allergies

Millions of people suffering from a wide variety of conditions, allergies included, have benefited from chiropractic care even though chiropractic is not an allergy treatment. Why? Because chiropractic is a method of health care that permits your body to function at its best. That is especially important if you suffer from allergies.

But first, let's find out, what is an allergy? Your immune system keeps you 100% natural, organic, unadulterated you! It recognizes and destroys anything not supposed to be in you: bacteria, pollutants, dust, pollen, drugs, tumors, dead pieces of your own cells, and even artificial hearts and donor organs. A healthy immune system means high resistance to disease and infection, better ability to deal with stress, and a greater health and well-being.

By releasing stress on the nervous system, chiropractic permits the immune system to function more effectively-something all allergy sufferers need. A nervous system without stress functions more efficiently. Recent understandings in psychoneuroimmunology reveal that when the nervous system functions better the immune system benefits.

Chiropractors correct a basic cause of body malfunction to improve the function of your immune system. Please note that the chiropractic approach is to remove vertebral subluxations, a common spinal distortion that puts stress on your nervous system. Freed of nervous system stress, your body will work more effectively to neutralize the allergy causing chemicals in your environment.

No matter what disease or condition you have, you can benefit from a healthy spine. Spinal health can be as important for your overall healing as proper nutrition.

A HEALTHY SPINE CAN IMPROVE YOUR LIFE!

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Upcoming Events

Patient Orientation Class:
May 3rd, 10th, 17th, 24th, & 31st

Kiwanas Stress Talk: May 9th

Patient Appreciation Days:
May 10th & 12th

Fun in the Sun: May 28th

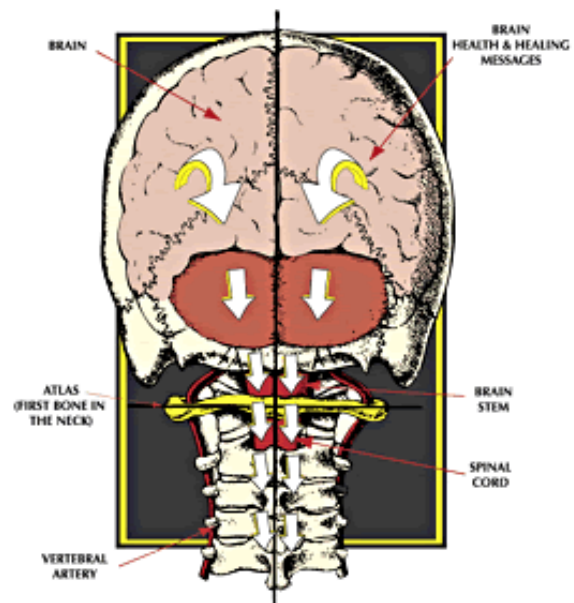
Success Story!

When I came to Dr. Shiels, I was having extreme muscle pain in my shoulder and neck to the point I couldn't function normally in my day-to-day activities. Thanks to my friend Kari Shankel who saw my pain and recommended that I come see Dr. Shiels, I was alerted to the cause of my pain. Almost immediately I felt a difference and was able to get a back the quality of life I had previously enjoyed. Through Dr. Shiels' concern and the fantastic attention of his staff, I am living a pain free life!

Happy Birthday to
Everyone!

Martin Turner, Catherine Christy,
Roger McNamara, Heidrun Vogel,
Tonia Fox, Karri Shankel, Elijah
Crothers, Jeff Crothers, Jennifer Rivera,
Alvenia Banks, Shannon Brinkman, &
Kathleen Wiechert

Happy Birthday!!



What are you doing about your nervous system?

“The nervous system holds the key to the body's incredible potential to heal itself.”