



December 2011



# SUCCESS STORY!!!



There are no words to describe how thankful I am for Dr. Shiels and everyone that works in the office. Over several months, I had experienced heart palpitations, anxiety attacks, and shortness of breath more regularly than ever before. It felt as though my heart was working harder than it should. I kept going to the doctor's office where I was hooked up to EKG machines and 24 hour heart halters. The results came back normal, and the doctor put me on Prozac thinking I was just stressing out too much. In the long run, everyone just made me feel like a hypochondriac, but I knew something just didn't feel right. At this point, I had given up on figuring out what was wrong. One night I had decided to go with my husband to one of the classes Dr. Shiels offers on Tuesday nights, and that's when I was able to receive a free consultation by the referral that Dr. Shiels gave me. The subluxation of my atlas was much worse than I ever expected. Truthfully, I never imagined that I had a subluxation in the first place. I stopped all medication I was on and after my first adjustment, it felt as though a ton of bricks was lifted off of my chest. I could breathe and I could fall asleep without feeling as though my heart was in my throat! To my surprise, this wasn't the only problem the adjustment fixed. My hormone levels seemed to finally level out. I always thought it was hereditary since my mother experienced horrible hormone cycles as well. Along with my hormone levels, went my acne. Over just the last few years, I have been prescribed Doxycycline, Retin-A Micro, and BenzaClin. I tried to use Pro-Active and Skin ID, as well as other numerous skin care methods to rid my face of acne. As of right now I am skin medication free, and as acne free as I've ever imagined being without the use of chemicals. It is as though this alignment has turned my life upside down compared to what it was, but I guess in this case, my life has finally been turned right side up. I thank God for placing me in the care of Camden County Clinic of Chiropractic!



- Deanna Worrall

