

October 2011

What is Upper Cervical Chiropractic Care?

The sole purpose of Upper Cervical Chiropractic Care is to re-position the weight of the head over the center of the neck in order to remove spinal cord compression and restore body balance. This re-positioning reactivates the flow of health and healing messages from the brain to the affected part of the body's natural healing process can begin.

Many health problems can be resolved by restoring body balance. Each one of our 100 billion active brain neurons stores information that is transmitted to other cells and to all parts of the body by way of electrical and chemical impulses that travel along our nervous system. **These messages control all body functions.**

Restrictions in the transmission of these brain messages to the body are the direct or indirect cause of most health problems.

In order to restore body balance, the doctor calculates the exact position of the atlas bone, the 1st vertebra of the neck and spinal column, which completely encircles the spinal cord. Precision x-rays enable the doctor to analyze exactly how far it has shifted, tilted, or rotated away from its normal position. The doctor will then calculate a spinal correction formula that is as individual to the patient as fingerprints. By applying a slight, pre-determined direction of pressure on one side of the neck, the doctor gently re-positions the head over the center of the neck.

The Upper Cervical procedure cures nothing- but simply removes spinal cord compression and reactivates the transmission of brain healing messages to the affected parts of the body so it can heal itself.



Two Time Winner Patient of the Month! Elizabeth Jacobson

Elizabeth is Patient of the Month for the second time in a row because she has referred the most patients to our office!!

Do you know of someone who might benefit from Upper Cervical Chiropractic Care?

Camden County Clinic of Chiropractic

Telephone: 912-576-1234

775-A Kings Bay Rd

Saint Marys, GA 31558

WWW.CAMDENCOUNTYCHIRO.COM

**We will always have time for you.
To Listen, To Explain, To Offer Hope.**



Mr. Banks Van Pelt- Success Story of the month!

I can count on a very short list of things that have really made a huge impact on my life. One of them was taking a few minutes to be scanned by Dr Shiels' team for cervical problems and the subsequent treatment. I had been suffering from numbness and pain in my hands and arms for over 4 years, I had 2 MRI's, nerve conduction testing 3 times, and been evaluated by specialist at Shands' and The University of Florida several times by highly renowned Doctors whom I thought knew everything. I was basically told the problem was probably in my head. Dr Shiels immediately found in seconds what previous Doctors had not. He was able to quickly diagnose the exact problem and set up a schedule for treatment. After the first treatment, the numbness started going away. It has progressively gotten better, and I do not suffer on a daily basis anymore.

I am also grateful that the problem that was causing my symptoms is being corrected. The actual problem was a misalignment of my Atlas and Axis; it was pinching the brain stem causing the numbness and pain. The long term damage from not being diagnosed and treated earlier, was Spinal Degeneration. From looking at the initial evaluation, I am in stage 3 of spinal degeneration, I have bone spur growth at C5 & C7, and my neck was completely straight. From my latest x-rays, I have partial correction and the curvature in my neck is coming back.

I think that upper cervical evaluations should be a part of regular screening throughout life. I do not believe the majority of people suffering from various problems are aware that this could be causing the problems, and with the ease of evaluating this problem, there is no excuse for not making it a part of regular evaluations. I also think traditional Doctors need more training in referring patients to Upper Cervical Chiropractic Specialists.

Thank you Dr Shiels and your team for finding me, educating me on my condition, evaluating my problem, and getting me on the way to healing. You have made a great difference in my life!

Upcoming Events

October 1st- Rock Shrimp Festival
October 8th- Okefenokee Festival
October 11th- Hay Day Stroll
October 14th- 16th AMC Conference
October 20th- Taste of Camden

Patient Orientation Class:
Tuesday, October 4th & 18th at 6:00pm
With Dr. Shiels
Monday, October 10th & 24th at 6:00pm
With Dr. Wells

Happy Birthday to all of our Patients for the Month of October!!

Tiffany Richards, Donald Griffin, Sr., Bobbi Taylor, Dana Baylis, Linda Sanborn, Patsey Schreiber, Donna Bennett, Kim Sartor, Maria Fancher, Tommy Lau, Edward Davenport, Greg Lockhart, Michael Jackson, William Carreira, Cynthia Barrie, Melissa Attaway

Patient Appreciation Days

November 8th – 10th

More information to come!

HEADLINE

SUBHEAD. SUBHEAD.
SUBHEAD. SUBHEAD.

When you're writing a newsletter:

- Ask yourself what you're trying to accomplish and focus on that goal.
- Make your newsletter easy to read by keeping each chunk of information easy to scan. Use headlines, short paragraphs, and bullet points throughout.
- Whenever possible, include timely news so that each edition is fresh.
- Be sure to proofread your newsletter.
- Always provide a way for recipients to stop receiving the newsletter.
- Be sure to proofread your newsletter.
- Always provide a way for recipients to stop receiving the newsletter.
- Be sure to proofread your newsletter.
- Always provide a way for recipients to stop receiving the newsletter.

Continue newsletter text here. Continue newsletter text here.

Delete text and place photo here.

Before caption goes here

Delete text and place photo here.

After caption goes here

Delete box or special news here, such as a call-out text box. Consider including customer testimonials or information about awards you've won. Delete box or special news here, such as a call-out text box. Consider including customer testimonials or information about awards you've won.

